

SECURE YOUR LIFE

CONTACT LIST

- List the names & phone numbers of people who should be notified of a serious illness, change in health status, or in the event of death (immediate family, power of attorney, etc.).
- Make a list of people who should be notified & invited to the funeral/memorial. Make a note if you prefer that someone should NOT attend your service/memorial.

UPDATE WILL/TRUST

- Ensure your will or trust accurately reflects your wishes for distribution of your remaining assets upon your death. This should be kept with your Power of Attorney (see below) and Advanced Directive (see below). Should have a copy: Lawyer, you, & Power of Attorney (whoever you decide).

PLAN FOR PASSWORDS/SOCIAL MEDIA

- Be sure to document your cell phone password for those authorized to access your device.
- Make sure your passwords are current & in a secure place.
- Be sure those designated to make decisions on your behalf know where all your passwords can be found.
- Determine what you want done with your social media, such as Facebook. There are guidelines available on social media sites to help you make such decisions.

DESIGNATE POA (WHEN NECESSARY)

- Give someone the power to make financial decisions for you when you are not able to make those decisions for yourself. Remember: accidents happen that can result in your inability to make decisions, so plan ahead. Should have a copy: Lawyer, you, & Power of Attorney.
- Fill out Advance Directive & POLST to designate your medical wishes.
- Meet with your physician to review & sign your POLST. Should have a copy: Doctor, you, Power of Attorney, & local hospital. Keep a copy in a glove compartment of your car.

CONSIDER YOUR WISHES

- What type of service you would like?
- Where do you want the service? Where you are to be buried/cremated?
- What would you like in your obituary & who might write it for you?
- Burial/Cremation/Donation to Science - be sure to complete the legally required permit forms for your state in order that your loved ones can carry out your wishes.

